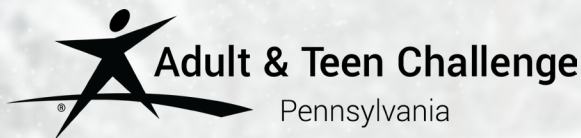


FEBRUARY 2021

BRINGING WHOLENESS TO THE HOPELESS



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FROM OUR PRESIDENT

Pennsylvania Adult & Teen Challenge (PAATC) and the Naaman Center believe that addiction is not only an individual challenge, it is a challenge that impacts the entire family unit. We believe that when families are restored and relationships are reconciled, including a relationship with the Lord, long-term sustainable recovery can be obtained!

This is why we have dedicated resources to assist the family throughout the process of recovery. PAATC and the Naaman Center provide support through dedicated

therapeutic sessions along with family programming events throughout the year to promote health and wholeness in the home.

As a graduate and leader of our organization, I have seen firsthand the amazing work that is accomplished in the family unit when reconciliation occurs between husbands and wives, fathers and mothers with their sons and daughters, and sons and daughters with their parents.

Healthy families are a key component of our ministry work and how your investment helps fulfill our vision of *Bringing Wholeness to the Hopeless!*



Kris J. McFadden, Sr., M.A.R.
President/CEO

FAMILY APP INVITE

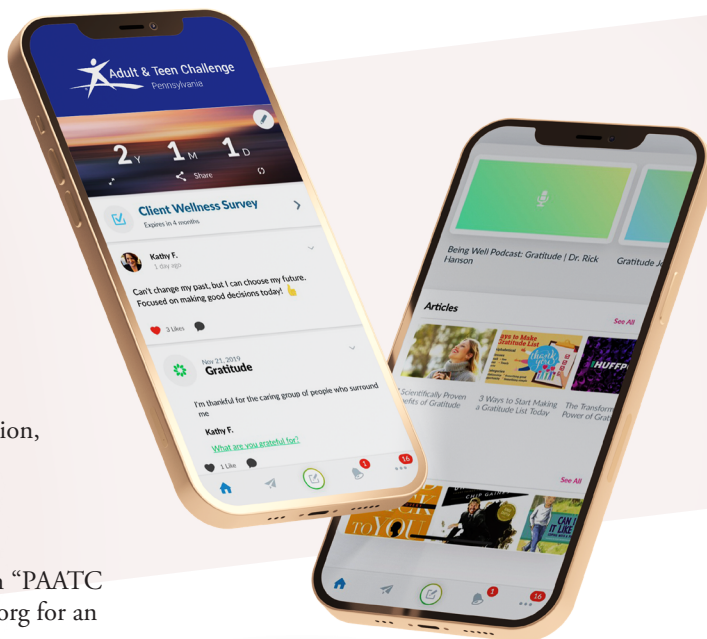
PAATC and Naaman Center just launched a new app!

It will feature a supportive platform for alumni and current outpatient clients, but we are especially excited about the resources the app will provide to families.

Here are some of the exciting features:

- Connect and build relationships with other PAATC families
- Get up-to-date information about the program including event information, policy updates, and more
- Keep a gratitude journal to remember what you're thankful for
- Access uplifting and useful content

To download the app, go to the Google Play or Apple App Store and search "PAATC & Naaman Center", or reach out to Amber Didden at ADidden@PAATC.org for an invitation. Looking forward to seeing you there!



UPCOMING EVENTS



Charity Golf Tournament
Friday, May 14, 2021
Foxchase Golf Club, Stevens, PA



Charity Gala
Friday, November 5, 2021
DoubleTree by Hilton, Reading, PA

THE IMPORTANCE OF FAMILY SUPPORT

Addiction will most likely cause damage within the relationships in the family. Family members often report ongoing arguments, loss of trust, co-dependent behaviors, safety issues, and financial struggles to name a few. At times, addiction has led families to separate, stay distant, or even stop communicating all together.

Participation in recovery activities and counseling sessions help family members work on finding support for themselves, and creative ways to better their relationship with a loved one in recovery from Substance Use Disorder.

When they also participate in recovery activities and counseling sessions, family members and the individual in recovery, are encouraged to work on using effective communication tools to help them reconnect and to promote support rather than blaming on both sides.

We use specific techniques, such as creating a “Behavior Contract,” communication skills, and teaching coping skills to modify problem behaviors with objectives aiming to offer psychological support for all.

Family members are encouraged to use these strategies to strengthen healthy coping skills, but also to appreciate the changes they witness with their loved one in recovery.

When family members are involved in treatment, it shows a favorable outcome for long-term recovery.

*By Muriel Bard-Dean
Counselor at The Naaman Center*



Hello, my name is Jon Thuer and I'm married to Elise, who works in the ICU unit for the local hospital. We have two amazing daughters. Trinity is in first grade and Aria Genesis is a newborn. Gideon, who is our 15 year old Maltese is a big part of our family as well. (Best dog ever!)

I've been with PAATC since 2014 and I am currently the Ministry Coordinator. Recently, I've been working more directly with families as a Family Liaison. I'm here to help if people have questions, and to talk about ways families can partner with our ministry. I'm looking forward to getting to know our families and sharing what the Lord has done in my life! I want to leave you with this verse, which means a lot to me. Psalm 42:7 says, “Deep calls to deep, in the roar of your waterfalls; all your waves and breakers have swept over me.”

ONE LIFE CAN CHANGE THOUSANDS

Kennon (Ken) Baker grew up in Atlanta, Georgia and in his youth had done every drug available except for shooting heroin. The only thing that held him back was a fear of needles.

“I had been involved in drugs, crime, stealing, burglary and crazy stuff, since I was about 10 or 11. I don't know why I started so early because I grew up in a middle-class neighborhood, but that's what happened.”

At 17 years old, Ken was arrested for multiple charges carrying a steep jail sentence. In God's providence, his mother's pastor showed up in court and convinced the judge to sentence Ken to complete the Teen Challenge program with five years probation.

When Ken first came to the program, he didn't want to change or even stop doing drugs. He just wanted to look good and get out as quickly as possible. However, after hearing a staff testimony at the Atlanta, GA induction center, **God changed Ken from the inside out.** On January 18, 1981 Ken gave his life

to Jesus Christ and then came to PAATC's Rehrersburg, PA location to complete the program. Ken stated, *“I was still a brat and it took me quite a while to submit in some places in my life.”*

Ken credits PAATC as the place where his faith began to really grow, strongholds were broken, and a solid foundation for his future was laid.

Ken graduated from the PAATC in May of '82 and eventually became a staff member, serving in various leadership roles for a combined total of over 15 years. Ken was also the first program graduate to serve PAATC as a board member.

Our ministry, and literally thousands of PAATC students, can testify to how the Lord used Ken to help bring wholeness and hope into a multitude of families' lives.

Speaking of those who continue to give and support the men and woman in our

programs Ken says: *“Pennsylvania Adult & Teen Challenge donors save thousands of lives. And, those thousands of lives are replicating themselves into a multitude of other lives. I know hundreds of guys that are doing great, whose families have grown up with kids that have been invested into. And those kids are making a difference for the Lord. Even now, my kids are ministering to people that I cannot get to... Each donor's investment not only saves the life of the guy you might see in front of you at the banquet or in the choir that shows up in your church, but it is being duplicated by the hundreds and thousands through the lives that person touches. I can't imagine the total impact of what PAATC has done across the world by just one graduate going out and doing well.”*

Today, with over 40 years of sobriety, Ken continues to leave a legacy of faith for his family and others as a faithful husband, father, and founding member of Tri-County Worship Center where he has been playing drums and ministering to the youth since 1985.